Welcome To Our First



Lanark, Leeds and Grenville Addictions and Mental Health

Wednesday, July 24th 4:00 p.m. 25 Front Avenue, Brockville

Dinner to Follow



Agenda

- 1. Call to Order and Introductions
- 2. Approval of Agenda
- 3. Minutes of 2014 AGMs
 - 3.1. Approval/Amendments for Tri County Addiction Services
 - 3.2. Approval/Amendments for Brock Cottage Inc.
 - 3.3. Approval/Amendments for Leeds and Grenville Mental Health, Leeds Grenville Phased Housing Programme and Brockville Supportive Non-Profit Housing Coalition
- 4. Chair's Report
- 5. Chief Executive Officer's Report
- 6. Treasurer's Report
 - 6.1.1. Presentation of Audited Financial Statements for 2014/2015 Fiscal Year for Tri County Addiction Services
 - 6.1.2. Presentation of Audited Financial Statements for 2014/2015 Fiscal Year for Brock Cottage Inc.
 - 6.1.3. Presentation of Audited Financial Statements for 2014/2015 Fiscal Year for Leeds and Grenville Mental Health, Leeds Grenville Phased Housing Programme and Brockville Supportive Non-Profit Housing Coalition
- 7. Appointment of Auditors for 2015/2016 Fiscal Year
- 8. Appointment of Legal Counsel-Templeman, Menninga LLP
- 9. Guest Speaker
- 10. Election of Directors
 - 10.1. Presentation of Slate of Directors by Nominating Committee
- 11. Other Business:
 - 11.1. Client Achievement Awards
 - 11.2. Staff Years of Service Awards
 - 11.3. In Memoriam
- 12. Adjournment



Board Chair Report

As Chair of the Interim Board for Lanark, Leeds & Grenville Addictions and Mental Health and past Board Chair for Leeds Grenville Mental Health, Co-Chair of the Governance Transition Team and member of the Governance Alliance, I can attest that the past year has been an extremely busy time. The last twelve months have been a learning experience, a challenge and an opportunity to make a difference in addictions and mental health services. It has been hard work for many of us but well worth the effort if we know that we have improved the system and experience for those clients who suffer with mental health and addiction issues. Looking around today I see many clients, alumni, staff, friends, family, past Board Members and community partners that are here to celebrate our first AGM post-amalgamation and I thank you for coming.

Members of our Governance Transition Team (Ian Stabler, Helen Clarke-Hanna, Dianne Blackwell, Alice Mills, Chris Morrison, Clare Laing, Garry Green and I) took on the huge undertaking of integration that was mandated by our funder, the South East Local Health Integration Network (SELHIN) last September. We came together representing our respective Boards for each of the legacy agencies of Leeds Grenville Mental Health, Tri-County Addiction Services, Brock Cottage and Tenant House. In our initial meetings we gained insight into the goals and programs that each of the agencies provided. We also had at our meeting table the CEO's and ED's of the agencies, Julia Gambill, David North and Laurie Dubé, so that we could tap into their valuable insight and operation details. The Governance Transition Team volunteered many Monday nights, month after month, first to create an implementation plan for submission to our funder for approval, then to oversee its execution. We gave our time and expertise because it mattered to each of us. It was important to us that client services were not reduced or interrupted during the Redesign and ensured that we maintained our focus on all planning being in the best interest of the client. We completed our task confident that we met our objectives and that this phase of the Addictions and Mental Health Redesign for Lanark, Leeds and Grenville was handled in a way that was respectful of clients and staff of each agency. Standing here today, I am both relieved and proud to say that we did it!

Without question over the past year there have been occasions when we were stretched to our limit, however I believe we all knew the gain in the end would be worth it. The diverse group that oversaw the amalgamation was successful because they kept in their heart and mind the faces of current clients and the vision for future clients who would benefit from the creation of an improved addiction and mental health system. We envisioned a system where everyone would easily know where to go for help with prompt access to services that are personal and welcoming. A system where each individual can get the support they require to meet their



needs. It was important that the clients and staff had an opportunity to ask questions and understand the changes that were about to happen and to facilitate this many community town hall meetings were set up across the region, which I might add were well attended. Though the role of the Governance Transition Team ended with amalgamation on March 31st, this was not truly the end, but rather the start of a new exciting beginning.

Blending three agencies into a single corporate entity means you begin a legal process to obtain a new name and business number. However behind the scenes the process is much more complex. The work on the ground began April 1st, starting with operational and management level system changes and office moves. The new Board of Directors, to be elected today, will now start working on a new strategic plan with our CEO, Laurie Dubé. The strategic plan will be the next step in the roadmap that will move the new organization toward meeting the goals of the Addiction and Mental Health Redesign. I will be leaving the board at this time and I pass on to the new board members the message to stay focused on continually improving addictions and mental health services for the betterment of the clients in Lanark, Leeds and Grenville.

I want to extend my gratitude to each member of the Governance Transition Team, our Interim Board of Directors, David North, Julia Gambill, Laurie Dube and Jennifer Treverton for all your hard work. You all gave so much to make this amalgamation a reality and I am proud to have been part of it with you.

Thank you.

Judy Fielding, Board Chair



Chief Executive Officer's Address

Generally the CEO's address reviews the past year. So much has occurred in the past year I cannot even begin to summarize. Our Board Chair Judy Fielding has been in the thick of it all and has painted a good picture.

So instead I want to talk a little bit about Hope.

I have hope for the future...

Hope for a truly integrated addictions and mental health service informed and focused through a client lens. I hold hope for 100% inclusion and 0 % exclusion; supporting full integration of people in recovery into our communities, where they can exercise their rights of citizenship, accept the responsibilities and explore the opportunities that come with being a member of a community and a larger society.

We can convey hope and respect, and believe that all individuals have the capacity for learning and growth. I am optimistic for services that are person-centered; designed to address the distinct needs of individuals, consistent with their values, hopes and aspirations.

We will build on strengths and capacities of individuals receiving services and supports.

I have hope we can develop seamless access to services that make a difference to people's lives and cross the spectrum and the geography.

Finding and nurturing hope has been described as a key to recovery. Hope is not just optimism but a sustainable belief in oneself and a willingness to persevere through uncertainty and setbacks. Hope may begin at a turning point, may be borrowed or emerge gradually as a small and fragile feeling, and may fluctuate with despair. Hope involves trusting, and risking disappointment, failure and further hurt¹

Hope; sometimes that is all we have... But if you have it ...you have everything. When the world says, "Give up," Hope whispers, "Try it one more time."

I have hope... I am inspired by you all.

Laurie Dubé

Laurie Duki

CEO

Expect Excellence.....but more than that ...expect recovery!

1. Anthony, W.A., Cohen, M., Farkas, M, & Gagne, C. (2002). Psychiatric Rehabilitation. 2nd edition. Boston: Boston University Center for Psychiatric Rehabilitation. ISBN 1-878512-11-0



Slate of Directors

1 Year Term

Linda Beamish

Elsie Day

Sonya Jodoin

Jody Roke

Jacqueline Smylie

2 Year Term

Linda Bisonette

Scott Fraser

Garry Green

John MacTavish

Alice Mills

Shawn Peters

Doug Roughton

Deborah Souder

Brian Turner



Client Awards

Personal Growth & Development Award

In recognition of the courageous and positive steps taken this year on the Road to Recovery

Geoff Stewart Canteen Award

In recognition of volunteer services operating the canteen and acts of service for others

Volunteer Service Award

In recognition of contributions of time and energy when providing voluntary services for others

Wellness Award

In recognition of efforts to improve wellness while on the Road to Recovery

Brent Larock Vocational Award

For exhibiting the determination needed to reach your vocational goals

Prism Award

For outstanding personal growth and positive attitude in all aspects of their Road to Recovery

John MacTavish Art Award

Awarded annually at the AGM to the individual who has pursued their artistic talent and used their skills to promote personal wellness

Legacy LGMH Board Award for Social Enterprise

Awarded annually at the AGM to the individual with outstanding efforts in social enterprise



Staff Years of Service Awards

In recognition of years dedicated to serving others

10 Years of Service

Andrea Hammel

Helen Latimer-Hanah

Shelley McCaffrey

15 Years of Service

Ted Trainor

25 Years of Service

Louise Coleman

Susana Ferrucci



In Memoriam

"What we have once enjoyed, we can never lose. All that we love deeply becomes part of us." Helen Keller

Marc MacLean

Randy Gallery

Joy Kerr

Ken Tyler

William Rhamey

Doug Bentley

Ted Jakielaszek

Andre Richard

Garry Maxwell

Robert Hoover

Donald Glover

Alfred Simard

John Bigalow

