

# Free/Low Cost Meals Smiths Falls

## July, August, September 2021

### Community Meals

*Please note that due to COVID-19, information may change without notice.*

| Program   | Details   | Address/Contact   |
|---|---|---|
| <b>Lunch</b><br>Trinity United Church                               | Bagged lunch will be discontinued throughout June, July and August.   | 41 Market St., Smiths Falls<br>613-283-4444                     |
| <b>Lunch</b><br>St. Francis de Sales<br>St. Vincent de Paul Society | Bags will be premade and can be picked up<br>Wednesdays 12:00pm-1:00pm  | Hanley Hall<br>4 McGill St., Smiths Falls<br>613-283-0220       |
| <b>Dinner</b><br>St. Johns Anglican Church                          | Please call church office for program availability by Friday afternoon, and leave name, phone number and address, if the phone is not answered.                                 | 2 George St South<br>Smiths Falls<br>613-283-1261               |
| <b>Lunch</b><br>Salvation Army                                      | Hot take-out lunch Fridays at 11:30am-12:30pm.<br>Please call on Thursdays before 4pm to place your order. Call the church for special service during COVID                     | 251 Brockville St., Smiths Falls<br>613-283-3563                |
| <b>Lunch</b><br>The Lions Club                                      | Please call agency for program availability   | 19 Abbott St. Smiths Falls<br>(613) 285-6561                    |
| <b>Lunch</b><br>Westminster Presbyterian Church                     | Please call agency for program availability   | 11 Church St. W., Smiths Falls<br>(613) 283-7527                |
| <b>Lunch</b><br>Portland United Church                              | Please call agency for program availability   | 10 Colborne St., Portland<br>(613) 272-2002                     |
| <b>Community Drop In Lunch</b><br>South Crosby                      | Please call agency for program availability   | Elgin Municipal Complex<br>47 Main St., Elgin<br>(613) 272-2227 |
| <b>Cooking Group</b><br>Westminster Presbyterian Church             | Please call agency for program availability   | 11 Church St. W. Smiths Falls<br>(613) 283-7527                 |
| <b>What's Cooking</b><br>Country Roads CHC                          | What's Cooking is being offered virtually twice a month on Zoom, by Country Roads CHC. Cooking together from our own kitchens. Email Kate Earl RD for details kearl@crchc.on.ca | 4319 Cove Rd., Portland<br>(613) 272-2799                       |
| <b>What's Cooking</b><br>Free Methodist Church                      |   | 85 Bedford St.<br>Westport (613) 272-2799                       |

Information subject to change without notice. For more information, visit [www.foodcorelgl.ca/inventories.html#Help](http://www.foodcorelgl.ca/inventories.html#Help) or call 1-800-660-5853