

September 10, 2021

## Find a passion and go for it

Mike Larocque lives just down the street from one of the group homes run by Lanark, Leeds and Grenville Addictions and Mental Health (LLGAMH). He is a trained volunteer with the Brockville Distress Centre and call-in line. And he says these experiences have reinforced his interest in mental health and housing. In fact, his compassion to help people in need led him to apply to serve on the LLGAMH Board of Directors. He joined the Board at the Annual General Meeting (AGM) earlier this summer.

“I have a desire to offer service to the community and have shown that throughout my career in public service,” Mike explains. “I believe in having a passion for something and then going for it. You’ll know when you have a real burning in your belly. If you care, you will achieve it.”

Mike, who was born and raised in Brockville, also brings extensive financial and governance experience to the Board. He is a certified accountant with over 40 years in municipal governance and financial administration as well as banking and business accounting experience. In fact, he has retired four times, having served as Director of Finance at the City of Brockville, Chief Administrative Officer in both Gananoque and Augusta Township, and with his own accounting practice.

“Mike will be an excellent addition to the Board,” notes CEO Patricia Kyle. “We are so grateful to all of the community volunteers who support LLGAMH.”

At the AGM, outgoing Board member Scott Coombes was thanked for his service. He is now Chief Financial Officer at Pembroke Regional Hospital.

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Cutline: LLGAMH Board Member Mike Larocque

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